

## The First Tee Certification Quick Glance

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5 General Requirements		Player	Par	Birdie	Eagle
<b>Lesson Exposure</b>	Age	9+	11+	13+	14+
	Hours	27+	36+	48+	60+
<b>Golf Skills Application</b>	Play <i>Complete on your own or scheduled a time</i>	<ul style="list-style-type: none"> <li>One, 9-hole round</li> <li>Approx. total distance = 1,500 to 1,900 yards</li> <li>Record accurate score</li> <li>Double par, mark with *, pick up and go</li> <li>Record start/finish times</li> </ul>	<ul style="list-style-type: none"> <li>Two, 9-hole rounds</li> <li>Approx. total distance = 1,500 to 1,900 yards</li> <li>65 strokes or less</li> <li>Record accurate score</li> <li>Double par, mark with *, pick up and go</li> <li>Record start/finish times</li> </ul>	<ul style="list-style-type: none"> <li>Five, 9-hole rounds</li> <li>Approx. total distance = 1900 to 2,500 yards</li> <li>60 strokes or less</li> <li>Record accurate score</li> <li>Record start/finish times</li> </ul>	<ul style="list-style-type: none"> <li>Ten, 18-hole rounds</li> <li>Approx. total distance = 5,000 to 6,000 yards</li> <li>108 strokes or less</li> <li>Record accurate score</li> <li>Record start/finish times</li> </ul>
	Play Short Game <i>3 Short, 3 Medium, 3 Long</i>	<ul style="list-style-type: none"> <li>9-hole short course</li> <li>45 total strokes or less</li> <li>35 yards or less from pin</li> </ul>	<ul style="list-style-type: none"> <li>9-hole short course</li> <li>36 total strokes or less</li> <li>27 putts or less</li> <li>35 yards or less from pin</li> </ul>	<ul style="list-style-type: none"> <li>9-hole short course</li> <li>31 total strokes or less</li> <li>23 putts or less</li> <li>35 yards or less from pin</li> </ul>	<ul style="list-style-type: none"> <li>9-hole short course</li> <li>27 total strokes or less</li> <li>18 putts or less</li> <li>50 yards or less from pin</li> </ul>
	Full-Swing (greens)			<ul style="list-style-type: none"> <li>3 out of 6</li> <li>Req. distance = 55 to 75 yards to center of green</li> </ul>	<ul style="list-style-type: none"> <li>3 out of 6</li> <li>Req. distance = 80 to 100 yards to center of green</li> </ul>
	Full-Swing (fairways)				<ul style="list-style-type: none"> <li>3 out of 6</li> <li>Req. distance = 160 to 190 yards to fairway</li> <li>Approx. width = 40 yards or less.</li> </ul>
<b>Life Skills Knowledge</b>	80%	<ul style="list-style-type: none"> <li>10 out of 12 Questions</li> </ul>	<ul style="list-style-type: none"> <li>15 out of 18 Questions</li> </ul>	<ul style="list-style-type: none"> <li>20 out of 24 Questions</li> </ul>	<ul style="list-style-type: none"> <li>25 out of 30 Questions</li> </ul>
<b>Golf Knowledge</b>	80%	<ul style="list-style-type: none"> <li>8 out of 10 Questions</li> </ul>	<ul style="list-style-type: none"> <li>12 out of 15 Questions</li> </ul>	<ul style="list-style-type: none"> <li>16 out of 20 Questions</li> </ul>	<ul style="list-style-type: none"> <li>20 out of 25 Questions</li> </ul>
<b>Life Skills Application (Completed Bag Tags &amp; Yardage Books)</b>	100%	<ol style="list-style-type: none"> <li>1. Showing Respect</li> <li>2. Courtesy Towards Others</li> <li>3. Responsibility for the Course</li> <li>4. Honesty of Players</li> <li>5. Modeling Sportsmanship</li> <li>6. Developing Confidence</li> <li>7. Using Good Judgment</li> <li>8. Playing with Perseverance</li> <li>9. Living with Integrity</li> </ol>	<ol style="list-style-type: none"> <li>10. GAME</li> <li>11. Respect</li> <li>12. Meeting and Greeting with A-L-R</li> <li>13. Three Tips for Having Fun</li> <li>14. 4Rs</li> <li>15. Personal Par</li> </ol>	<ol style="list-style-type: none"> <li>16. Dreams and Goals</li> <li>17. Important and Positive Goals</li> <li>18. Specific and Under Your Control</li> <li>19. Different Types of Goals</li> <li>20. Goal Ladder</li> <li>21. STAR</li> </ol>	<ol style="list-style-type: none"> <li>22. Wellness</li> <li>23. Go-To Team</li> <li>24. Appreciating Diversity</li> <li>25. CARE</li> <li>26. Go-To Person</li> <li>27. Planning for the Future</li> </ol>